



OUR MISSION

To provide services to youth and families in need of assistance in an effort to promote successful growth and interaction within their community. The principle goals of this organization are to prevent out-of-home placements, to provide a structured academic setting, and to offer traditional or in-home counseling services.

AES is a service based organization offering support and guidance to youth and families. We offer a variety of services tailored to meet the individual needs of our clients. Our therapeutic focus centralizes on the well being of the child and family unit as a whole.

Each program is designed to provide personalized service and support to the child and their family. AES is licensed by the Commonwealth of Virginia Department of Behavioral Health and Developmental Services.

AES is an approved provider for the Virginia Medical Assistance Program and the Commonwealth of Virginia Comprehensive Services Act.



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**Opening Doors
To a Brighter
Future for
Families in
Central Virginia
for over 40 years.**

INTENSIVE IN-HOME SERVICES

The AES Intensive In-Home Services Program is designed to provide extensive guidance and support to children and adolescents who are at risk of removal from the home due to mental, social, emotional and/or behavioral problems.

Intensive In-Home services are provided and monitored by experienced clinicians available to the client 24 hours a day 7 days a week. This is a therapeutic intervention program with a concentrated focus on individual needs of the client and family.

Intensive In-Home Services consist of:

- ◆ Comprehensive needs assessment & diagnosis
- ◆ Evaluation of mental health needs
- ◆ Skills-training and psycho-education and to improve independent living
- ◆ Assistance with accessing & navigating community resources
- ◆ Individualized treatment plans tailored to specific identified needs
- ◆ Coordination of services between healthcare and treatment team members.



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MENTAL HEALTH SKILL BUILDING SERVICES

Mental Health Skill-Building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability with the community. MHSS is available for adults who have long-term mental health needs, cognitive deficiencies or dual diagnoses.

Our MHSS program focuses on five core competencies to promote independent living while managing mental health symptoms and needs.

- Mental Health
- Employment
- Money Management
- Self-Care & Daily Living
- Personal Development

